# NAKED VOICE CHANTS, SONGS & MANTRA

#### **SINGING FIELD**

Out beyond ideas of right and wrong doing There is a field, a singing field I'll meet you there (x3) Thousand Ways of Light album

#### **FEARLESS SONG**

Fearless song, Secret memory We belong together Copyright Chloë Goodchild (unpublished)

#### THERE IS SOME KISS WE WANT

There is Some Kiss We Want There is Some Kiss We Want With our Whole Lives The Touch of Spirit (times 3) On the Body

Fierce Wisdom album

#### **OM ANANDAMAYI**

Om Ananda Mayi (Mother of Bliss) Chaitanya Mayi (Enlightened Mother) Satva Mavi (Mother of Being) Parameshwari (Mother of Absolute Consciousness)

Laughing Heart/Thousand Ways of Light

#### **SELF INSIDE SELF**

Self inside Self, You are nothing without me Self inside Self, I am only you What we are together (repeat) Will never die Sura album

#### **WE ARE HUMAN BEINGS**

Chorus: We are human beings. We are sounding who we are 1. We are feeling, we are healing, we are revealing who we are 2. We are finding, we are unwinding, we are minding who we are 3.We are seeing, we are freeing, we are being who we are

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#### **PAVAMANA MANTRA**

Asato Ma Sadgamaya, Tamaso Ma Jyotir Gamava, Mritvor Ma Amritam Gamava Shantih, Shantih, Shantih Lead us from ignorance to knowledge Lead us from darkness to light Peace, peace, peace

#### FLOW DEEPER DOWN. IN EVER WIDENING RINGS OF BEING

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#### ONE LOOK FROM YOU

One look from you and I'm seeing you in all things looking back at me (repeat) those eyes, those eyes in which all things live and burn. Thousand Ways of Light album

#### THERE IS A PLACE

There is a place I know, only I can go And no-one else can go there for me Yes no-one else can go there for me Laughing Heart album

#### **JARS OF SPRING WATER**

Jars of spring water Are not enough anymore Take us down to the river The face of Peace, the Sun (repeat)

#### **OM TARA TUTARE TURE SO-HAM**

Fierce Wisdom album

#### THOUSAND WAYS OF LIGHT

Thousand arms of compassion Thousand wings so bright Thousand blessings for our children Thousand Ways of light Mother of the Tortoise Mountain Mother of the shining lake Mother of the crystal fountain Mother of Being for our sake Namo kuan shih yin pusa Thousand Ways of Light album

#### **NAKED IN OUR SONG**

One is One and One World turning Naked in our Song One is One the Heart is burning Naked in our Song 2) You and I our voices calling Naked in our song You and I defences falling Naked in out song 3) Inside outside, all around us Naked in our Song Laughing Crying, Living Dying Naked in Our Song Fierce Wisdom album

#### LOKAH SAMASTAH SUKHINO BHAVANTU

May all beings be centred in Joy. free from suffering in Divine unified existence...May it be so

## **DAILY SINGING PRACTICE**

### THE UNCHANGING SOUND

## A E I O UMmmmmmm

## THE SEVEN CHAKRA MANTRA

LAM	<b>VAM</b>	RAM	YAM	HAM	AUM	SO-HAM
root	pelvis	centre	heart	throat	3rd eye	crown

## **HEART SUTRA**

Gate Gate	Paragate	Parasamgate	Bodhi Svaha
Go go	Far beyond	Go Far beyond	The Wisdom Is

## THE SEVEN SOUNDS OF LOVE

SA	RE	GA	MA	PA	DHA	NI	SA
root	pelvis	solar plexus	heart	throat	3rd eye	backofhead	crown

#### THE NAKED VOICE PRACTICES & AUDIO TRAININGS

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