

Tenshingoso: Cycle of Life



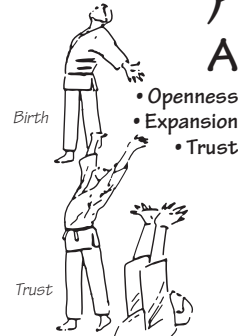
Return to Mu (nothingness)
the embodiment of
preparation for the next
beginning.

Release all tension
from the top of the
head to the feet,
and drop it down
into the centre of
the earth. Keep
closing mind and
body.



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UM

- Nothingness
- Darkness
- Humility



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- Openness
- Expansion
- Trust

Birth

Trust

Growth

The
embodiment
of grace
received by
opening
yourself, and
trusting
completely.



Completion.

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- Embrace
- Acceptance
- Completion
- Offering



Acceptance
embrace human
capacity
completion of self

An embrace and
reconciliation of
everything in the world,
the embodiment of
universal love, and of
giving everything back
to the center of the
Great Universe.



Development,
Leadership.

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- Management
and
development

The embodiment of original
hopes and dreams nurtured
and carried forward.



Control, management



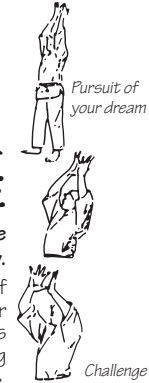
Exploration,
development
of untapped
resources.

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- Integrating the
Ideal into reality.

The embodiment of
integrating your
ideals and dreams
into reality. Carving
out your future.



Pursuit of
your dream

Challenge

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www.shintaido.org