

The Naked Voice Facilitator Training

A THREE STAGE PROGRAMME

Depending on your life experience as a facilitator, teacher or group-leader in related areas this is a minimum 2 Year journey. You move through each stage at your own authentic pace with the support of a mentor who will meet you following the completion of your application form. Your mentor is a highly experienced NVF Graduate who will support you with monthly 1-1 sessions (Voicelines) to accomplish your mission to become a Naked Voice Facilitator. Upon completion of your Training Application documents (Stage 1) you will be required to have a one-to-one discussion with Chloe about your next steps to connect you with a mentor.

Stage 1 – Foundation Student

The following practises and tasks are required in developing a basic understanding, intention and confidence in The Naked Voice teachings.

- 1) Practice with Chloe's "Find Your Naked Voice: Opening The Door" (audio-book)
- 2) Continue to study Chloe's seminal book, 'The Naked Voice – Transform Your Life through the Power of Sound'
- 3) Join "Spirit of Now" – The NV Global Online Community. Sign up at a discounted rate here: thenakedvoice.com/spiritofnowconcessions
- 4) Create your own audio recording demo of 3 – 6 favourite songs/chants
- 5) Commitment to silent solo retreat (minimum 2 days). This can also be a shared with a soul friend who is resonant with your intention

A Voiceline with Chloe and your mentor, following the successful completion of 1-5 (above) signals the completion of this stage.

Stage 2 – Trainee

Your mentor will offer guidance and support in co-creating this opportunity for a deeper self-inquiry and listening from within.

During Stage 2 you will develop the essential voice practices and deep listening skills that are at the heart of The Naked Voice. You will discover a unique faculty of attention called the witness consciousness, the ability to observe yourself and the world around you with a deepening acceptance, healing, forgiveness and gratitude.

As you build confidence in your authentic voice you will begin to explore the music of your soul, awakening the energies of love within you. Your mentor will guide you in the regular practice of meditative movement and spontaneous sound work, sacred mantras and devotional chants, the Seven Sounds of Love, One Breath One Voice, and Tenshingoso (Cycle of Life). You will integrate your vocal and sound awareness skills with the support of the **Naked Voice Self-Assessment Questionnaire**, which will help you to evaluate areas of expertise and areas calling for further development and focus.

When you are ready, and with the support of your mentor, you are welcome to try out what you are learning, voluntarily, with your NVF Trainee peers, friends, family, and colleagues during this time, to deepen your NV understanding. At a later stage, they may become interested

enough to be willing candidates, to participate in ongoing informal sessions or groups with you.

You will explore with your mentor how best to keep an account of your experience (journal, blog, film etc) sharing the essential Naked Voice practices and skills. You will develop some focused regular NV case study work, with a minimum of 1-3 individuals and-or small groups. Your NVF mentor will gradually acknowledge your growing intention to become an apprentice.

You will be able to share and demonstrate your commitment to apprenticeship in Triads and with vocal allies in the Spirit of Now (formerly Living Presence) monthly NV gatherings.

Following the challenges of the last few years Chloe is now preparing new opportunities for NV Facilitator Trainees to meet with her and/or NV Graduates to evolve a deeper embodiment of the work together.

Stage 3 – Apprentice

Following the positive impact of your Naked Voice practice and its influence on yourself, your peers, and in your life, throughout Stage 2 you are eligible to **become an accredited Naked Voice Facilitator Graduate through a process of apprenticeship. The length of this apprenticeship is to be agreed with you and your mentor.**

During this stage you will expand your service in the world, organising and running your own groups, working 1-1 with individuals and fulfilling a case study work program to be agreed with your mentor.

Chloe will invite you to submit an in-depth account of your work, with audio / visual evidence of your ability to embody and transmit the NV teachings. **During your apprenticeship, you will be required to fulfil and submit a clear account of a minimum of 100 hours case study work as a NV Apprentice.** This can include anything from individual sessions to small group work and introductory day workshops.

Following submission of your account of the 100 hours, Chloe and your mentor will acknowledge your successful completion of Stages 1 - 3.

Naked Voice Facilitator Graduation

Once Stage 3 is complete you are ready to be acknowledged publically as a fully-fledged NV Facilitator at a **Graduation Ceremony** to be held either online or in-person where geographically possible. Here you will be accepted and celebrated as an official Naked Voice Facilitator capable of representing The Naked Voice principles and practices in the world. **This process can take anything from 1 to 2 years from the beginning of Stage 1.**

NB An account of estimated costs follows on the next page.

I look forward to sharing this pioneering, transformative & life-changing work with you.

Chloe Goodchild

And Tim Chalice, Naked Voice Co-ordinator & Administrator.

NAKED VOICE FACILITATOR TRAINING COURSE REQUIREMENTS & ESTIMATED COSTS

1) NVF TRAINING COMMITMENT FEE

£1000 one-off payment upon application, or 12 monthly payments of £100 over the course of the first year (£1200).

2) ATTEND A RESIDENTIAL NV RETREAT OR IN-DEPTH ONLINE COURSE WITH NV or PARTNERS

Total Estimated Cost: £300-£800 (e.g. £300 Shift Network online course/£800 Residential Annual NV Sound Wisdom Retreat)

3) REQUIRED COURSE PRODUCTS/MEMBERSHIPS

“Find Your Naked Voice” Download (included for free with your Commitment Fee)

Chloe’s book “The Naked Voice – Transform Your Life through the Power of Sound”, £20

Spirit of Now – The NV Monthly Global Community membership, £11 per month minimum

Total Estimated Cost: £284 (includes 2 years Spirit of Now concessionary membership)

4) VOICELINES WITH CHLOE

One Voiceline with Chloe at the start of your journey, £75

Two Voicelines per annum (dates to be confirmed), £150

Total Estimated Cost: £375 (based on 2 years)

5) MENTORING 1-1 SESSIONS - £55 per hour session

12 1-1 online sessions per year with their personal mentor (NVF Graduate)

Estimated cost for 2 years: £1320

6) ADDITIONAL PROCESS AND SKILLS SHARING COURSES (ONLINE & IN-PERSON) WITH GRADUATES OF THE NVF TRAINING

These opportunities are an essential way to gather deeper insights and a direct experience of the NV leading edge research e.g. musicianship skills for more challenging dimensions of emotional health. Given the challenges humanity currently faces, locally and globally, decisions about these events will be made annually where possible. Specific costs to follow.

OVERALL ESTIMATED COST TO BECOME A NVF STAR = £3600

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