

THE NAKED VOICE

Chloë Goodchild



Sound Awareness
Sound Values
Sound Wisdom



THE NAKED VOICE

The Naked Voice is a unique method that explores the human voice as a source of individual and collective self-discovery linking to the most profound levels of human wisdom. The Naked Voice practices interweave silent, spoken and sung communication skills that build self-awareness, confidence and trust, leading to the creation of sound human values through co-operative relationships and compassionate service in the world. Your naked voice is deeper than your social or personality voice. It is the mouthpiece of your soul. So you don't have to be 'a singer' or 'musical' in the traditional sense to express it. Its the natural expression of who you are, as simple as breathing. Something magical happens when you move from speaking to sounding in this way. It stills the mind, opens your heart, dissolves fear and separateness and brings you home to the present moment. As you learn to embody your voice, new seeds of non-judgemental listening and self-acceptance emerge and you find yourself communicating with the world around you in ways you never imagined possible. Many people have lost touch with this original voice in childhood. Yet you can re-discover it with the support of three inter-connected skills:

Sound Awareness - Contemplative listening skills

Accept yourself through deep listening, self-inquiry and inner sound.

Sound Values - Creative communication skills

Express your truth with others, through the seven sounds and modes of love.

Sound Wisdom - Compassionate community-building skills

Evolve from a 'me-centred' to a 'we-centred' organization / community.



THE NAKED VOICE TRAINING

The Naked Voice Training is an ongoing series of in-depth 5 day residentials, that take place twice a year - Spring and Autumn - in Britain. The NV Training offers a wisdom education of self-inquiry through silent, spoken and sung voice that is practical and accessible to everyone: whether you wish to explore the principles and practices for your own personal or professional benefit, or, whether you are a Naked Voice Facilitator returning to refresh your understanding, and share your experience. Practitioners come from all over the world to participate in these trainings, which are supported by essential interim courses, 1-1 mentoring, and follow-up workshops organized by The Naked Voice Facilitators Association www.theNVFA.org and committed organisers worldwide. The NV Training is designed and delivered by Chloe Goodchild with her core team, Nicholas Twilley, world percussionist; and Masashi Minagawa, energy movement master of Shintaido (new body way).

For more information and an application form contact:
Tim Chalice e: now@thenakedvoice.com



CONSULTANCY AND PERFORMANCE

Chloë is available as a consultant and advisor to organisations, communities and groups wishing to integrate and apply the Naked Voice methodology at work, or in the wider community. Examples are:

MusicLeader, UK: Training the trainers in music education.

Special Interest Retreats & Seminars: Conscious leadership, creative conflict-resolution, team-building, mediation, spiritual rejuvenation.

Conference Presentations: Santa Fe, San Francisco, Mexico, Los Angeles, Vancouver, UK.

Concerts, Festivals & Gatherings: Interactive performance with Chloë and her Musicians.



SMALL GROUPS AND VOICELINES

The Naked Voice also organises unique opportunities to work directly with Chloë:

Singing Fields: These popular in-depth groups (3 – 8 max) are highly recommended if you wish to access an effective, fulfilling way to engage creatively and compassionately with specific issues in your life, through the power of your voice. The singing field is a pre-requisite for applicants of The Naked Voice Training. You can also create your own Singing Field with 3 – 7 others and make a date with The Naked Voice office, to meet directly with Chloë. A Singing Field group takes place over half or a whole-day.

Voicelines: These 30 minute telephone consultations enable you to communicate with Chloë from anywhere in the world.



ORGANISE A NAKED VOICE COURSE

No need to travel to find us – we come to you! If you are unable to attend the NV courses on offer you can decide to invite the Naked Voice workshop of your choice direct to your doorstep. All you have to do is to download The Naked Voice Organiser's Pack from our home page, which guides you through the whole process from preparation to completion. Our gratitude to The Naked Voice Organisers presently expanding this pioneering work in Ireland, UK, Europe, Canada, USA.

THE NAKED VOICE FOUNDATION

The Naked Voice Foundation was established in May 2004 for the benefit of transforming human values from the personal to the international scene, through the vehicle of contemplative listening, healing sound and song for the benefit of non-violent resolution of conflict in war zones worldwide. Donations are warmly welcomed. Please contact the office for more details. Registered Charity Number 1103831



Chloë Goodchild is passionate about voice and sound as a vehicle for spirit. She founded *The Naked Voice* in 1990, and works internationally. She created the 'Singing Field' a unique meeting place inspired by participative sound and song, and Rumi's poem, which became the Singing Field anthem: "*Out beyond ideas of right and wrong doing, there is a field, a singing field, I'll meet you there*". Chloë has directed and performed for world events such as *V-Day*, *The Vagina Monologues* in Madison Square Gardens; with 70 of the top actresses of the world; the celebrity-led *Transforming September 11th* at the Royal Opera House, London; and *The Way of Peace*, with HH Dalai Lama in a multi-faith event in Northern Ireland.

In all my research, with non-violent and creative communication skills, I have never experienced this ability to effortlessly generate such a range and depth of human feeling and expression with such spontaneity, courage and compassion. The Naked Voice work is dedicated to recovering the wisdom in the human spirit, in a way that is profound in its compassion and unique for our times.

Scilla Elworthy, Winner of the Japanese Niwano Peace Prize

Chloë has recorded a range of musical CDs and audio books, as well as singing for film (Jane Campion), TV, radio and theatre, in the UK and USA. Her Sura CD received a Grammy nomination, and her audio-teaching book, *Awakening through Sound*, won the USA Earphones Award 2008 for Excellence. She has collaborated with international film composers and contemporary and classical musicians including Angelo Badalamenti (Twin Peaks), John Tavener (Mary of Egypt) and Brian Skilton (This Amazing Earth).

Naked Voice Audio-Books: Chloë Goodchild's vocal instruction CDs and DVDs are available for home-learning from The Naked Voice office:

Your Naked Voice (3CDs) & Awakening Through Sound (5CDs and DVD).

They are also available from Sounds True in USA: www.soundstrue.com



For more information contact:

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Join The Naked Voice Facilitator Association: www.theNVFA.org

Thankyou Kazuaki Tanahashi for the Naked Voice logo

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www.thenakedvoice.com